

100% SOLIDARIO | LA RECAUDACIÓN IRÁ DESTINADA A VARIAS ONG



Grupo **fedola**

FAMILY

RUN

QUINTA EDICIÓN



OCEAN
Cross^x

24 OCTUBRE 2026

Costa Adeje

Inscripción: canaryrun.com

Kids Run · Familiar · Caminata solidaria · 5km · 10km

ORGANIZA
Grupo Fedola

COLABORA
Canary Run

canaryrun
Control técnico y clasificaciones
canaryrun.com

Basic information



Organizers

Grupo Fedola under the technical direction of Canary Run (Art. 1).



Location and date

Calle Fernando López Arvelo, urban circuit with start and finish at Hotel GF Victoria. October 24, 2026.



Start times

Kids race: 4:30 PM

Family Run distance: 5:00 PM

Solidarity walk: 5:00 PM

Adult distances 5km and 10km: 5:45 PM approx.



#FedolaFamilyRun2026

Distances and cutoff times

Adult distances (Ocean Cross Circuit)



5 km and 10 km

Ocean Cross Circuit with simultaneous start for both distances. Cutoff times will be enforced. Walking is not permitted in these distances for safety reasons.



Maximum times

5 km: 45 minutes

10 km: 1 hour 15 minutes

Circuit will close when cutoff times are reached.

Kids distances

Kids race categories

CATEGORY	AGE	DISTANCE
Babies	Crawling to 1 year	15 m (minimum 3 participants)
My First Steps	Walking to 2 years	50 m
Smurfs	3 to 4 years	100 m
Pre Benjamin	5 to 6 years	200 m
Benjamin	7 to 8 years	500 m
Young	9 to 10 years	500 m
Youth	11 to 12 years	1000 m
Cadets	13 to 14 years	1500 m



Clarification note: All kids races are symbolic. Distances may vary according to the number of participants. Maximum time: ~30 minutes.

Family Run and Solidarity Walk



Family Run (2000 meters)

Parents and children. Registration is done individually in the Family Run category, regardless of family size. Maximum time: 20 minutes.



Solidarity Walk (2 km)

If running is not your thing, join the solidarity walk. Start at the same time as Family Run. Position yourself in the designated start area for walkers. Maximum time: 30 minutes.



There's a distance for everyone!

Categories and participation requirements



General requirements

Minimum age: 15 years old to participate in the 5 km. To participate in the 10 km, you must be 18 years old. All runners participate at their own risk. By registering, you declare that you are in appropriate physical condition to complete your chosen race.



Important safety rule

In the 5 km and 10 km distances, the use of any device covering or not covering the ear is prohibited. This includes earbuds. Using such devices will result in immediate disqualification.

Categories (5 km and 10 km)

Age categories by gender

CATEGORY	AGE RANGE	DISTANCES
Junior M/F	15 – 22 years	5 km and 10 km
Senior M/F	23 – 39 years	5 km and 10 km
Veterans M40/F40	40 – 49 years	5 km and 10 km
Veterans M50/F50	50 – 59 years	5 km and 10 km
Veterans M60/F60	60 – 69 years	5 km and 10 km
Veterans M70/F70	70 years and over	5 km and 10 km



Functional Diversity: Special category for athletes with visual, intellectual, hearing, or motor impairment. Note: The circuit is not wheelchair accessible.



Competition for everyone

Registration and fees



Registration process

Registration is done through the event website (canaryrun.com). Fill out the Registration Form and make payment by card through the secure payment gateway. Registration is confirmed once payment is processed and you receive confirmation by email.



Registration deadline

From opening announcement through October 18 at 11:59 PM, or until places fill. No refunds will be issued under any circumstances.

Maximum capacity per distance

Registration limits

DISTANCE	MAXIMUM CAPACITY
5 km	370 participants
10 km	130 participants
Family Run	200 participants
Solidarity walk	170 participants
Kids races	130 participants
TOTAL	1000 registrations

Registration fees (2026)

Fees – 5 km and 10 km distances

PERIOD	FEE
Until 6/30	€20
7/1 to 8/31	€23
9/1 to 10/18	€25
Note	Registration includes free Family Run participation

Fees – Family Run (parents & kids)

CATEGORY	PERIOD	FEE
Adults	Until 6/30	€15
Adults	7/1 to 8/31	€18
Adults	9/1 to 10/18	€20
Under 15	Until 6/30	€12

Services, prizes, and bibs

Services included in each distance



5 km and 10 km

Registration fee · Medical assistance · Insurance coverage · Runner bag with t-shirt · Race refreshments · Post-race catering · Prizes and trophies · Baggage storage.



Family Run and Solidarity Walk

Registration fee · Medical assistance · Insurance coverage · Runner bag with t-shirt · Post-race catering · Finisher medal · Baggage storage.



Kids races

Registration fee · Medical assistance · Insurance coverage · Runner bag with t-shirt · Post-race picnic · Finisher medal.

Prizes



General podiums

Special prizes for the TOP 3 MALE and FEMALE finishers in each age category in the 5 km and 10 km distances.



Fedola Group

Special prizes for the TOP 3 MALE and FEMALE finishers who are employees of GRUPO FEDOLA (Art. 11.2).

Bibs and chips



How to wear your bib

The bib must be worn on the front of your body and be visible at all times during the race. The chip is incorporated into the bib and must be properly positioned to ensure accurate time recording and race control (Art. 12).



Bib collection

Check the official website for date, time, and location once the organizers announce it. Those who purchased a t-shirt with their bib should collect it at the same time (Art. 13).

● Prizes, medals and surprises

Safety rules and bib placement



NO EARBUDS IN 5 KM AND 10 KM. For safety reasons, the use of any device covering or not covering the ear is prohibited. This will result in immediate disqualification.

Correct bib placement



The bib **MUST** be placed:

1. On the front of your body
2. On your t-shirt or race bib holder
3. Visible to identify you as a runner



The bib **SHOULD NEVER** be:

1. Placed on the sides of the t-shirt, pants, or bib holder on the side
2. Hidden under your t-shirt or on your back



It is essential that your registration data (name, surname, ID number, Passport, or NIE) matches your documentation to ensure insurance coverage during the race.



Your safety is our priority

Image rights and data protection



Image rights

The organizing entities retain exclusive rights to the event image, as well as audiovisual, photographic, and press coverage of the competition. Any media or advertising project must first obtain written consent from the organizers (Art. 14).



Advertising material

Runners must wear and place in the designated space any advertising material provided by the organizers. Modifying, folding, or hiding advertising material will result in penalties. Runners are responsible for maintaining the material (Art. 14.1).

Personal data protection



Data processing

By registering, participants consent to the organizers automatically processing their data for sporting, promotional, or commercial purposes in accordance with Spanish Law 3/2018 on Personal Data Protection.



Your rights

You have the right to access, rectify, or delete your data. Submit requests in writing to: info@canaryrun.com



Registered participants expressly authorize the organizers to use their name, surname, race results, category, and image (Art. 14.2).



Regulation amendments

The present regulation may be modified at any time at the organizers' discretion. Any matters not covered by this regulation will be governed by the Athletics Federation regulations and provisions determined by the organizers (Art. 15).

Ready to race?

Register before October 18

100% of proceeds benefit charitable causes

Organized by: Grupo Fedola · In collaboration with: Canary Run